

# Breakfast October 2020

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-Allergy alert: Menu items may contain nuts or eggs.

Mon	Tue	Wed	Thu	Fri
			1 Pancakes & Syrup Assorted Cereal Fresh Fruit 100% Juice Milk Choice	2 Cheese Grits/Toast Cereal/Toast Applesauce 100% Juice Milk Choice
5 Egg Patty & Cheese w/Bun Cereal Toast Fruit 100% Juice Milk Choice	6 French Toast Cereal Fresh Fruit 100% Juice Milk Choice	7 Egg, Cheese Biscuit Cereal/Toast Applesauce 100% Juice Milk Choice	8 Pancakes & Syrup Cereal Fresh Fruit 100% Juice Milk Choice	9 Oatmeal/Toast Cereal/Toast Mixed Fruit 100% Juice Milk Choice
12 French Toast & Syrup Cereal/Toast Fruit 100% Juice Milk Choice	13 Pancakes & Syrup Cereal Fresh Fruit 100% Juice Milk Choice	14 Oatmeal/Toast Cereal/Toast Fruit 100% Juice Milk Choice	15 Ham, Egg, Cheese Toast Cereal/Toast Fresh Fruit 100% Juice Milk Choice	16 Waffles & Syrup Cereal/Toast Fresh Fruit 100% Juice Milk Choice
19 Pop Tart /Toast Cereal/Toast Applesauce 100% Juice Milk Choice	20 Waffles& Syrup Cereal Fresh Fruit 100% Juice Milk Choice	21 Cheese Grits Cereal Toast Fruit 100% Juice Milk Choice	22 French Toast & Syrup Cereal Fresh Fruit 100% Juice Milk Choice	23 Oatmeal Cereal Toast Fruit 100% Juice Milk Choice
26 Pancakes & Syrup Cereal Fresh Fruit 100% Juice Milk Choice	27 French Toast /Syrup Cereal Fresh Fruit 100% Juice Milk Choice	28 Egg, Cheese Biscuit Cereal/Toast Applesauce 100% Juice Milk Choice	29 Pancake Sausage Cereal Fruit 100% Juice Milk Choice	30 French Toast Cereal Fresh Fruit 100% Juice Milk Choice