




Lunch Menu—January 2023

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9 Corndog Turkey Sandwich Baked Beans Pasta Salad Carrot Sticks Peaches Milk Choice	10 Grilled Cheese Sandwich Tuna Salad Wrap Romaine Salad Mix Tomato Soup Mixed Fruit Milk Choice	11 Nacho Cheese & Chips Egg Salad Sandwich Refried Beans Green Beans Apple Crisp Milk Choice 	12 Pasta w/Meat Sauce/Bread Fluffer Nutter /Carrot Sticks Romaine Salad Mix Applesauce Milk Choice 	13 Hamburger/Bun Ham & Cheese Sandwich French Fries Cucumbers Mixed Fruit Milk Choice
16 No School	17 Chicken Nuggets & Waffle Ham Salad Wrap Mashed Potatoes Applesauce Carrot Sticks Milk Choice 	18 Nacho Cheese & Chips Egg Salad Sandwich Refried Beans Corn Blueberries Milk Choice	19 Chicken Alfredo/Wheat Bread Peanut Butter & Jelly Romaine Salad Mix Green Beans Mixed Berry Cup Milk Choice	20 Hotdog/Bun Chicken Salad Wrap Baked Beans Pasta Salad French Fries Pears Milk Choice 
23 Hamburger/Bun (Wheat) Chicken Salad Wrap Baked Beans French Fries (Baked) Mixed Fruit Milk Choice	24 Breakfast for Lunch WGR French Toast & Ham Egg Salad Sandwich Sweet Potato Casserole Carrots Pears Milk Choice	25 Nacho Cheese & Chips Turkey Sandwich Refried Beans Corn Apple Crisp Milk Choice	26 Frito Chili Cheese Fluffer Nutter/Carrot Sticks Romaine Salad Mix Diced Peaches Milk Choice	27 Macaroni & Cheese/Bread Ham Sandwich Romaine Salad Mix Green Beans Applesauce Milk Choice
30 Sloppy Joe/Bun Ham & Cheese Sandwich French Fries (Baked) Baked Beans Applesauce Milk Choice	31 Mozzarella Cheese Sticks w/ Marinara Sauce Tuna Salad Sandwich Romaine Salad Mix Steamed Carrots Mixed Fruit Milk Choice 			

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-Allergy alert: Menu items may contain nuts or eggs.